



PRIVATE MEDICINE

We have the tools to help you create a healthier, more rewarding lifestyle



THE MEDICAL CENTER AT OCEAN REEF

ADVANCED CARE • ACCOMMODATING SERVICE • A MOMENT AWAY



OCEAN REEF'S MOST IMPORTANT COMMUNITY ASSET

The Medical Center at Ocean Reef is a year-round health care facility. Staffed by dedicated professionals including full-time physicians, nurse practitioners, nurses, physical therapists, radiology and laboratory technicians and support personnel. In addition to its highly trained physicians, the center offers access to 49 visiting physicians who offer more than 24 different specialties including Cardiology, Gynecology, Ophthalmology, Dermatology, Orthopedics, Psychology and Urology. On site, state of the art equipment and diagnostic capabilities include laboratory, physical therapy, 256 Slice CT Scanner, MRI, Digital X-Ray, Bone Density DEXA Scanner, Digital Ultrasound, Retinal Camera and Digital Audiometer. Appointments for speciality medical needs outside of Ocean Reef may also be arranged.





PRIVATE MEDICINE

An innovative, full service, primary care practice that serves an exclusive group of individuals who make their health a top priority.

We deliver year-round comprehensive preventive care and personalized follow up services with an emphasis on patient education and proactive screening.

“By limiting the number of subscribers to the program, the Private Medicine staff is able to devote a greater amount of time and resources to each participating patient. This approach also makes possible a more integrated and holistic approach to medical care and education – a Lifestyle Medicine perspective.”



“Lifestyle Medicine is a scientific approach to decreasing disease risk and illness burden by utilizing lifestyle interventions such as nutrition, physical activity, stress reduction, rest, smoking cessation, and avoidance of alcohol abuse. Lifestyle medicine is the recommended foundational approach to preventing and treating many chronic diseases.”¹

Patient’s may receive printed or digital copies of their results which can be electronically accessed and shared with a doctor’s office or hospital anywhere in the world.

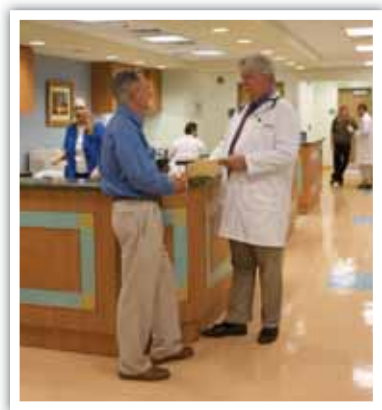


¹ From the American College of Preventive Medicine and the American College of Lifestyle Medicine.



WHAT YOU CAN EXPECT

- Extensive medical history review
- A comprehensive physical exam
- Comprehensive medical screening studies
- Medication and supplement interactions analysis and review
- A detailed written health plan and your medical records in digital format
- The same doctor that performs your physical also serves as your ongoing primary care provider
- Extended doctor to patient consultation time included in your subscription
- A more intimate knowledge of your particular health issues, goals and preferences
- Follow up appointments typically available within 24 hours of request
- Dedicated support staff
- Same day response calls
- Prompt prescription request processing
- Access to telephone, video and email consultations with your physician (Telehealth Services)
- Complimentary access to Healthnetwork Foundation
- Assistance in scheduling specialist visits



ADDITIONAL SCREENING OFFERINGS*

*These additional screening offerings may be included as part of your *Private Medicine* physical exam.



If not provided as part of your annual at the time, these offerings will be billed to your insurance or Medicare plan as applicable.

- Bone density testing and vertebral fracture assessment (VFA)
- Resting electrocardiogram (ECG) and digital chest x-ray
- Cardiovascular, neurological and cancer screening
- Ankle/Brachial Index blood pressure testing (ABI)
- Carotid intima-media thickness test (CIMT)
- Hearing and vision screening
- Digital retinal imaging
- Pulmonary function testing
- Extensive risk factor assessment
- Comprehensive laboratory testing
- Body composition analysis
- Subfractional lipid profile
- Coronary/calcium score
- Abdominal aortic ultrasound
- Vital organ CT scan (if desired)
- LP-PLA2 (LP Associated Phospholipase A2)
- Nutritional assessment, counseling and supplement service



* A special consent is required by Florida law for genetic testing and such consent will be provided upon any request for genetic testing.

IT'S ALL ABOUT ACCESS!

DIRECT CONNECTION TO

Direct contact to a Private Medicine concierge who has access to your complete medical record.

TELEHEALTH

Access to video technology which will allow a remote consultation with your Medical Center physician; easing the stress of a medical situation when you are away from Ocean Reef.

HEALTHNETWORK FOUNDATION

When your health demands a specialist beyond the care provided by the Medical Center, Healthnetwork provides priority access to an extensive network that includes more than 30 of America's finest medical facilities, including Johns Hopkins, Mayo Clinic, MD Anderson, Baptist Health and Cleveland Clinic. Healthnetwork medical coordinators help to research the best hospital for your needs, schedule your appointment with leading specialists and assist with preregistration and other hospital logistics.

12 MONTH MEMBERSHIP

Full private medicine services as outlined annually.
(These fees are billed annually in the Fall.)



CHOOSING YOUR CONCIERGE PLAN

PRIVATE MEDICINE (PM)

OR

PRIVATE MEDICINE PLUS (PMP)

Membership limited to 150 members per provider

Membership limited to 50 members per provider

SERVICE	PM	PMP	NOTES
Concierge Physician	Included	Included (24/7)	
Health Care Navigator	Included	Included	
DEXA Scan	Included	Included	
Executive blood Panel	Included	Included	
Review of results	Included	Included	
Biological age	Included	Included	
Cognitive Score	Included	Included	
Fitness/Nutrition Consult	Included	Included	
CT coronary artery scan	Available	Included	
Well Source	Available	Included	
Cardiac Stress Test	Available	Included	
Monitoring Devices	Available	Included	
Body Composition	Available	Included	
Wellscore Score	Available	Included	
Early Cancer Detection	Available (Galleri)	Available	Physician discretion
Full body MRI	Available	Available	Physician discretion
Cardiac monitoring	Available (Zio)	Available (Zio)	Physician discretion
Targeted Diagnostics	Available	Available	Patient self-pay
Gut Microbiome Analysis			In the works
Gene Sequencing			In the works



FOR FURTHER INFORMATION CALL (305) 367-6715

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The Medical Center at Ocean Reef

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