

January 7<sup>th</sup>, 2022



**Medical Center's Express COVID Testing Updated Hours of Operation:**

- Monday, January 10<sup>th</sup> and Tuesday, January 11<sup>th</sup>: 8AM – 5PM
- Testing services include RAPID Antigen
- Eligibility:
  - Residents, Family Members and House Guest(s)
  - ORCA, Academy Team Members, all Private Club Employees
- Testing at the Cultural Center does not require an appointment.

*The QR code below will allow you to preregister for testing. As a means of expediting your experience:*



- Place your cell phone in Camera mode and hover over the QR code above.
- Do not take a picture of the QR code.
- Select the web site that pops up while in camera mode.
- When the website loads on your phone, select the next button. This will transition you to the registration page. Please make sure to enter your preferred email address and cell phone # in the appropriate fields.
- Please choose “No Insurance” by checking the box above the insurance field.
- In addition, select “Driver’s License” as your form of ID. In the driver’s license field enter 111. Your Driver’s License or Passport number is not required.
- A password is not required.
- A digital signature is required. Tap on the digital signature box, sign and save.
- When registration process is complete, select submit.
- A successful registration will result in a QR Code appearing in your email and/or text message. This is the code used to check-in for testing.

## By the numbers

- According to the CDC, positivity rates in our area remain high with the following, seven-day averages:
  - Miami-Dade: 35.31%
  - Broward: 38.66%
  - Monroe: 33.08%
  - Palm Beach: 37.38%

## UPDATED CDC GUIDANCE

*The following is attributable to CDC Director, Dr. Rochelle Walensky:*

*“The Omicron variant is spreading quickly and has the potential to impact all facets of our society. CDC’s updated recommendations for isolation and quarantine balance what we know about the spread of the virus and the protection provided by vaccination and booster doses. These updates ensure people can safely continue their daily lives. Prevention is our best option: get vaccinated, get boosted, wear a mask in public indoor settings in areas of substantial and high community transmission, and take a test before you gather.”*

If You Test Positive for COVID-19 (Isolate)

### **Everyone, regardless of vaccination status.**

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

*If you have a fever, continue to stay home until your fever resolves.*

### **If You Were Exposed to Someone with COVID-19 (Quarantine)**

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

*If you develop symptoms get a test and stay home.*

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can’t quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.



*If you develop symptoms get a test and stay home*