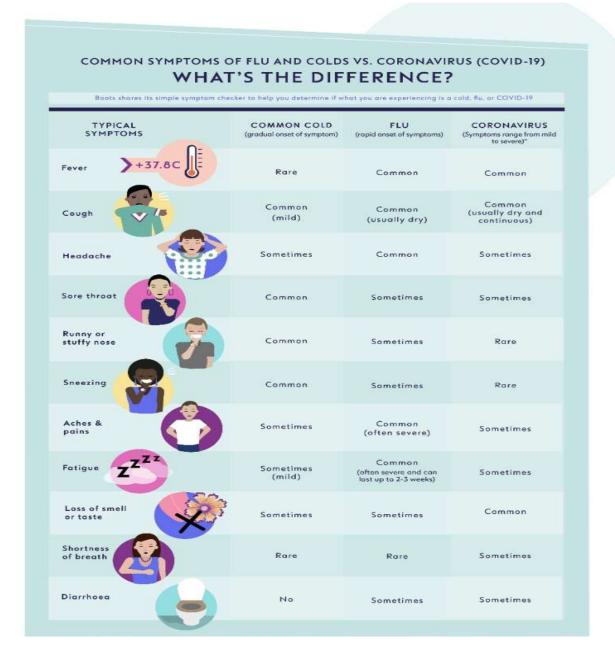


January 14, 2022





WHEN SHOULD YOU TEST FOR COVID?

Those who have been fully vaccinated and around someone who has COVID-19 are recommended to get tested between five (5) and seven (7) days after their exposure, according to the most recent guidance from the CDC, though previous guidance had been between three and five days.

Need a COVID-19 Test? Know Where to Go



https://baptisthealth-coronavirus.com/covid-19-testing

MCOR'S CURRENT COVID-19 VACCINATION QUALIFICATIONS:

Vaccine:Pfizer (A Pfizer booster can be received even if prior vaccination are Moderna or
J&J)

Dose Type: 1st, 2nd and Booster

Eligibility:

1st & 2nd dose 12+ years of age
Minors 5 – 11 years of age should be directed to schedule with Dr. Monte-Fernandez/Nicklaus Children's Hospital
16+ years of age for a Booster dose (FDA/CDC approved the drop in age last night). Minors will need to be accompanied by their guardian
3wks (21 days) between 1st and 2nd dose
5 months between 2nd dose and Booster
2wks between Flu vaccination and COVID-19 vaccination
Participants must have access to Ocean Reef
90 days post COVID Antibody Treatment



To reduce the risk of becoming infected with SARS-CoV-2 (the virus that causes COVID-19) including the Delta variant, and potentially spreading it to others, CDC recommends that fully vaccinated people:

- Wear a mask indoors in public if they are in an area of substantial or high transmission.
 - Fully vaccinated people might choose to wear a mask regardless of the level of community transmission, particularly if they or someone in their household is immunocompromised or at <u>increased risk for severe disease</u>, or if someone in their household is unvaccinated.
- Get tested if experiencing <u>COVID-19 symptoms</u>.
- Get tested 5-7 days after <u>close contact</u> with someone with suspected or confirmed COVID-19.
- Wear a mask indoors in public for 14 days after exposure to a <u>close contact</u> or until a negative test result.
- <u>Isolate</u> if they have tested positive for COVID-19 in the prior 10 days or if they are experiencing <u>COVID-19 symptoms</u>.
- Follow any applicable federal, state, local, tribal, or territorial laws, rules, and regulations.

Travel

Traveling Internationally?

https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel/index.html

<u>Travel Requirements have changed.</u> Starting December 6, all air passengers, regardless of vaccination status, must show a negative COVID-19 test taken no more than 1 day before travel to the United States.



https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html



TRAVEL UPDATES:

https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel/index.html

https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

Do NOT travel if...

- You have been exposed to COVID-19, unless you are fully vaccinated or recovered from COVID-19 in the past 90 days.
- You are sick.
- You tested positive for COVID-19 and haven't ended isolation (even if you are fully vaccinated).
- You are waiting for results of a COVID-19 test. If your test comes back positive while you are at your destination, you will need to isolate and postpone your return until it's safe for you to end isolation. Your travel companions may need to self-quarantine.

VISITING SPECIALIST UPATE:



Opthalmology:

Effective <u>December 1st,2021</u> the telephone number patients call to register/schedule appointments for University of Miami Bascom Palmer Eye Institute Ophthalmology and University of Miami Urology is:

<u>786</u>-530-2289.

AUDIOLOGY:



Daisy Elwick will be adding on Saturday January 15th and 29th from 9AM -2 PM.

RESOURCE

Additional information, links to community and local resources, MCOR's updated COVID-19 tracking grid and more is available at:

WWW.MCOR.ORG