



PRIVATE MEDICINE

We have the tools to help you create a healthier, more rewarding lifestyle



PRIVATE MEDICINE

The Medical Center at Ocean Reef

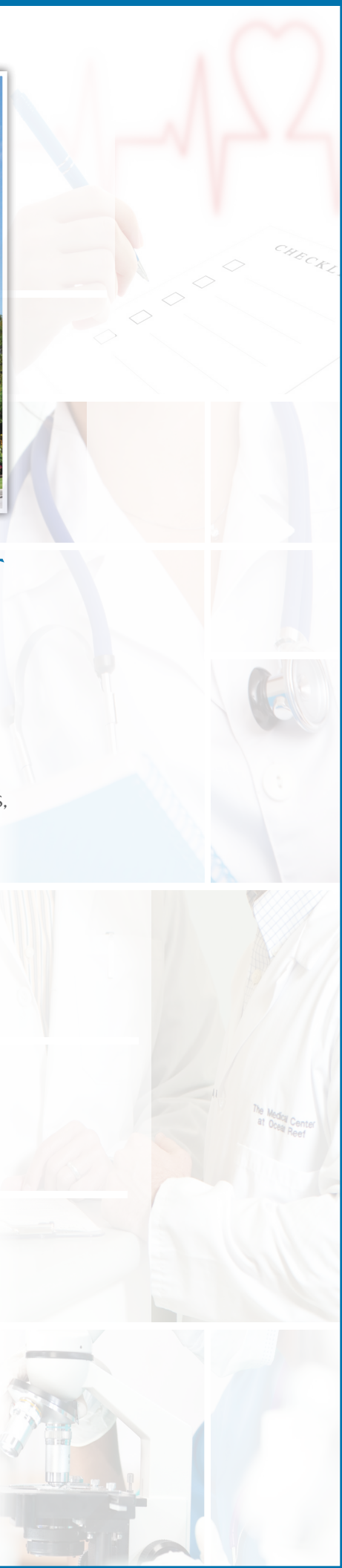
50 Barracuda Lane • Key Largo, Florida 33037 • www.mcor.org

FOR FURTHER INFORMATION CALL (305) 367-6715



OCEAN REEF'S MOST IMPORTANT COMMUNITY ASSET

The Medical Center at Ocean Reef is a year-round health care facility. Staffed by dedicated professionals including full-time physicians, nurse practitioners, nurses, physical therapists, radiology and laboratory technicians and support personnel. In addition to its highly trained physicians, the center offers access to 30 visiting physicians who offer more than 20 different specialties including Cardiology, Gynecology, Ophthalmology, Dermatology, Orthopedics, Psychology and Urology. On site, state of the art equipment and diagnostic capabilities include endoscopy/colonoscopy procedures, laboratory, physical therapy, 64 Slice CT Scanner, MRI, Digital X-Ray, Bone Density DEXA Scanner, Digital Ultrasound, Retinal Camera and Digital Audiometer. Appointments for speciality medical needs outside of Ocean Reef may also be arranged.



PRIVATE MEDICINE

An innovative, full service, primary care practice that serves an exclusive group of individuals who make their health a top priority.

We deliver year-round comprehensive preventive care and personalized follow up services with an emphasis on patient education and proactive screening.



“By limiting the number of subscribers to the program, the Private Medicine staff is able to devote a greater amount of time and resources to each participating patient.

This approach also makes possible a more integrated and holistic approach to medical care and education – a Lifestyle Medicine perspective.”

“Lifestyle Medicine is a scientific approach to decreasing disease risk and illness burden by utilizing lifestyle interventions such as nutrition, physical activity, stress reduction, rest, smoking cessation, and avoidance of alcohol abuse. Lifestyle medicine is the recommended foundational approach to preventing and treating many chronic diseases.”¹

Patient's receive both printed and digital copies of their results which can be electronically accessed and shared with a doctor's office or hospital anywhere in the world.

¹. From the American College of Preventive Medicine and the American College of Lifestyle Medicine.



WHAT YOU CAN EXPECT

- Extensive medical history review
- A comprehensive physical exam
- Access to Telehealth Services
- Fitness and Balance Assessment
- Medication and supplement interactions analysis and review
- Weight management and lifestyle review and plan including nutrition and exercise counseling
- A detailed written health plan and your medical records in digital format
- The same doctor that performs your physical also serves as your ongoing primary care provider
- Extended doctor to patient consultation time included in your subscription
- A more intimate knowledge of your particular health issues, goals and preferences
- Follow up appointments typically available within 24 hours of request
- Dedicated support staff
- Same day response calls and prescription request processing
- Access to telephone, video and email consultations with your physician at no additional charge
- Complimentary access to Healthnetwork Foundation



- Assistance in scheduling specialist visits
- The ability to jointly and comprehensively evaluate, plan and execute your health care goals
- On-site supplement dispensing and support



ADDITIONAL SCREENING OFFERINGS*

*These additional screening offerings may be included as part of your annual executive physical exam.

If not provided as part of your annual executive exam, at the time of your exam, these offerings will be billed to your insurance or Medicare plan as applicable.

- Bone density testing and vertebral fracture assessment (VFA)
- Resting electrocardiogram (ECG) and digital chest x-ray
- Cardiovascular, neurological and cancer screening
- Ankle/Brachial Index blood pressure testing (ABI)
- Carotid intima-media thickness test (CIMT)
- Hearing and vision screening
- Digital retinal imaging
- Pulmonary function testing
- Extensive risk factor assessment
- Comprehensive laboratory testing
- Body composition
- Subfractional lipid profile
- LP-PLA2 (LP Associated Phospholipase A2)
- HS-Omega-3 Index
- Oncoblot Test
- Heart scan/calcium score
- Abdominal aortic ultrasound
- Vital organ CT scan (if desired)
- Nutritional assessment, counseling and supplement service
- Scanning of your entire genetic genome to assess risk for 27 different diseases*



* A special consent is required by Florida law for genetic testing and such consent will be provided upon any request for genetic testing.

IT'S ALL ABOUT ACCESS!

DIRECT CONNECTION TO

Direct contact to a Private Medicine concierge who has access to your complete medical record.

TELEHEALTH

Access to video technology which will allow a remote consultation with your Medical Center physician; easing the stress of a medical situation when you are away from Ocean Reef.

HEALTHNETWORK FOUNDATION

When your health demands a specialist beyond the care provided by the Medical Center,

SUBSCRIBE TODAY

Let us assess the most critical areas of your health and help you to establish your personal private medicine plan today!

12 MONTH MEMBERSHIP

Full private medicine services as outlined annually.
(These fees are billed annually in the Fall.)



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